



CRAMBA
Clinton River Area
Mountain Bike Association



WANT TO JOIN US?

Duties may include, but not limited to:

- Assisting in medical and mechanical emergencies
- Educate trail users of proper etiquette
- Inform land managers, land owners and trail users of trail conditions through monitoring efforts
- Work with land managers to maintain and/or gain trail access for mountain bikers
- Offer volunteer services at outdoor races and events

Mandatory Requirements:

- CRAMBA-IMBA membership
- Complete the Bike Patrol group orientation course
- Attend a Bike Patrol group training/skills assessment ride
- Attend a required annual refreshers course for active Patrollers
- Become certified in First Aid/CPR (courses available)
- Become a Nationally Registered Patroller with NMBP
- Be knowledgeable and comfortable in basic on-trail bike repair (courses available)
- Attend a minimum of one MTB race within CRAMBA per year
- Minimum time commitment: 20 hours annually

Notice of Financial Commitments (Estimated costs):

Although there are no annual membership dues paid to the Bike Patrol group, there are financial commitments of the members*.

- Annual Memberships (CRAMBA, IMBA, NMBP): \$50+
- CPR, First Aid & AED Certification: \$35 to \$75
- Trail Patrol Jersey: \$40
- First Aid Kit: Now issued to Patrollers (up to a \$40 value)
- Tool Kit and Tire Pump: \$50
- Miscellaneous Spare Parts (tire tube, chain link, etc.): \$15

* Some costs may be reduced/eliminated based on group donations.



To join CMBP, contact us at bikepatrol@cramba.org.



CRAMBA-IMBA MOUNTAIN BIKE PATROL

WHO IS CRAMBA?

The Clinton River Area Mountain Bike Association (CRAMBA-IMBA) is a chapter of the International Mountain Bike Association. The mission of CRAMBA-IMBA is to promote responsible mountain biking and keep trails accessible to mountain bikers. We seek approval from and work with land managers to build and maintain trails throughout Southeast Michigan. Many public trails are maintained by CRAMBA-IMBA volunteers at no cost to Michigan taxpayers.

CRAMBA-IMBA is an organization of volunteers. We are a strong network of mountain bikers who love the outdoors and participate in group rides, races, and advocacy events. We are continually learning how we can improve and always welcome new volunteers. To learn more, visit cramba.org.

WHAT IS THE CRAMBA BIKE PATROL?

CRAMBA Mountain Bike Patrol (CMBP) is a chapter of the IMBA National Mountain Bike Patrol (imba.com/nmbp), a volunteer organization, dedicated to promoting responsible riding and trail use on our public lands, providing assistance and education to trail users, working with land managers, and participating in this mission by riding our bikes.



CMBP provides assistance to different land management agencies in Wayne, Oakland, Macomb, Genesee Counties, and State of Michigan DNR. Patrollers ride trails such as River Bends, Clinton River Park, Stony Creek, Addison Oaks, Pontiac Lake, Bald Mountain, Bloomer, Macomb Orchard Trail, Clinton River Trail, and many more. If you already ride these areas regularly, consider joining CMBP - you can record your rides as volunteer time. If you want to ride more, CMBP provides a great opportunity to incorporate volunteer time into your ride.

The mission of the CRAMBA Mountain Bike Patrol is to:

- Assist in medical and mechanical emergencies
- Educate trail users of proper etiquette
- Inform land managers, land owners and trail users of trail conditions through monitoring efforts
- Work with land managers to maintain and/or gain trail access for mountain bikers
- Offer volunteer services at outdoor races and events organization as we work with local and state authorities and legislators to protect current access to mountain bike trails and find new trail opportunities.



WHAT IS PATROLLING?

When you join CMBP, you undergo CMBP training and agree to volunteer a set number of hours a year as a bike patroller. While on patrol, you ride designated trails and take time to interact with fellow trail users. You provide simple, helpful assistance by:

- Handing out maps
- Helping with minor bicycle repairs
- Providing first aid assistance (with proper training)
- Educating fellow riders on the Rules of the Trail

Bike patrolling is only about educating and helping others. Enforcement is left to the professionals - the rangers/police who manage our public lands. Patrolling is all about spreading the mountain bike love.

IS THE NATIONAL MOUNTAIN BIKE PATROL RIGHT FOR YOU?

It is if you enjoy:

- Riding your bike
- Helping other people
- Being involved in the management of your local trails
- Learning and sharpening skills such as outdoor first aid, trailside bike repair, off-road riding and trail-use education