



WANT TO JOIN US?

Requirements:

- CRAMBA-IMBA membership
- NSP membership
- Complete OFC or OEC medical training
- Complete CPR training
- Attend Bike Patrol group orientation course
- Attend Bike Patrol group training/skills assessment ride
- Attend a required annual refreshers course for active Patrollers
- Be knowledgeable and comfortable in basic on-trail bike repair (courses available)
- Attend a minimum of one MTB race within CRAMBA per year
- Agree to patrol a minimum of 20 hours each season

Financial Commitments:

- CRAMBA annual membership \$39
- NSP annual membership \$83
- CPR course \$20
- Outdoor First Aid course \$25
- CRAMBA/NSP Logo Bike Patrol Jersey \$55



Contact Us:

CRAMBA Mountain Bike Patrol
bikepatrol@cramba.org
<http://cramba.org/join>



If Biking is Your Passion....

NATIONAL MOUNTAIN BIKE PATROL



CRAMBA
Clinton River Area
Mountain Bike Association

Then We Want You!



www.cramba.org/bikepatrol



CRAMBA BIKE PATROL MISSION

- Assist in medical and mechanical emergencies
- Educate trail users of proper etiquette
- Inform land managers, landowners and trail users of trail conditions through monitoring efforts
- Work with land managers to maintain and/or gain trail access for mountain bikers
- Offer volunteer services at outdoor bike races/rides and organized events as well as work with local and state authorities and legislators to protect current access to mountain bike trails and find new trail opportunities



WHO IS CRAMBA?

The Clinton River Area Mountain Bike Association (CRAMBA) is a chapter of the International Mountain Bike Association (IMBA). The mission of CRAMBA is to promote responsible mountain biking and keep trails accessible to mountain bikers. We seek approval from and work with land managers to build and maintain trails throughout Southeast Michigan. Many public trails are maintained by CRAMBA volunteers at no cost to Michigan taxpayers.

CRAMBA is an organization of volunteers. We are a strong network of mountain bikers who love the outdoors and participate in group rides, races, and advocacy events. We are continually learning how we can improve and always welcome new volunteers. To learn more, visit cramba.org.



IS PATROLLING RIGHT FOR YOU?

It is if you enjoy:

- Riding your bike on single track, rail-trails & roads
- Helping other people
- Being involved in the management of your local trails
- Learning and sharpening skills such as outdoor first aid, trailside bike repair, off-road riding and trail-use education

The mountain bike patrollers are ambassadors, not enforcers. Enforcement is left to the professionals—the rangers/police who manage our public lands. Patrolling is all about spreading the mountain bike love.

WHAT IS THE BIKE PATROL?

CRAMBA National Mountain Bike Patrol is a chapter of the National Ski Patrol (NSP)

<https://nspserve.org/bikes/>

a volunteer organization, dedicated to helping keep people safe on the trail and during other outdoor activities by providing emergency medical first response. The patrol also promotes responsible riding and trail use on our public lands, provides assistance and education to trail users, works with land managers, and contributes to this mission by riding our bikes.



WHAT IS PATROLLING?

When you join CRAMBA Mountain Bike Patrol, you'll receive training in NSP's Outdoor First Care (OFC) or Outdoor Emergency Care (OEC) and CPR. You agree to volunteer a set number of hours a year as a bike patroller. While on patrol, you ride designated trails/roads, take time to interact with fellow trail users, and provide simple, helpful assistance by:

- Providing first aid assistance (with proper training)
- Helping with location & directions
- Helping with minor bicycle repairs
- Educating fellow riders on bike safety and Rules of the Trail

